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Ultimate Rice Cooker Recipes : More Than 150 Surprising Recipes You Have To See To Believe

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 STREETLIB

Melanie Blanchette



Synopsis

Your rice cooker has hidden talents - it can make breakfast, poach fruit, even turn out risotto. Cooking foods other than rice in a rice cooker is like baking a layer cake in an Easy-Bake oven: best approached with patience, curiosity and something to snack on in the meantime. A basic rice cooker consists of a nonstick metal bowl set inside a plastic-and-metal housing, with a heat source on the bottom. To cook plain rice: add rice, measure water, press start, and walk away. The machine brings the mixture to a boil, reduces the heat for a prolonged simmer, and then switches to a very low setting to keep the cooked rice at serving temperature. How does the machine know when the rice is done? A built-in thermostat tracks the temperature of the bubbling mixture of rice and water. When the water boils and turns to steam, the temperature in the pot begins to rise, which signals the cooker to switch to warm. But it's easy to override the rice cooker's small brain. Press the "cook" button, melt butter in the bowl, and sweat a finely diced shallot in it until soft - then add rice, broth and saffron strands, and start the machine again to make a daffodil-yellow pilaf. In "Ultimate Rice Cooker Recipes" you will find More than 150 Surprising recipes you have to see to believe. The recipes, ranging from simple Oatmeal cooking to pilaf, Sweet and Savory Quinoa, Chorizo Paella, Jambalaya, breakfast, meals and of course lots of ways to cook rice also.

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Customer Reviews

Total waste of \$2.99. It looks like they did a Google search of "Rice Cooker Recipes" and threw all the recipes in a book. To charge for this and claim to be an author is disgraceful. There is no organization to the book. The recipes are just thrown in the book in no logical order. The index is clumped, not formatted correctly and difficult to read. There are also the same recipes listed 2 to 3 times. There are no pictures for those that like to see the finished product. You can bet the author did not test the recipes so you can't be sure they are correct or that they will taste good. The index has the words "Rice Cooker" in every recipe title which is annoying. It's a rice cooker cookbook you don't need to specify that in every recipe title! There are good recipes in the book but you can Google for free to get the same results as in this book. Plus with Google you can specify what main ingredient you want to use. Looking through this hot mess is ridiculous. I do NOT recommend this book. It shows what a lazy person will do to try to make money. Shameful!

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